



DINING GUIDE



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Neal Plazio
Executive Chef

Eric Blackledge
Campus Dining Director

Welcome,

Here at UB, your dining experience is more than great food. Campus Dining is committed to providing clean, healthy, and diverse dining options designed to meet the evolving needs and expectations of our UB Community. We pride ourselves on delivering culinary expertise, fresh ingredients, nutritious options, and a shared sense of environmental and social responsibility.

We are proud of our dining program and we invite you to share your thoughts with any member of our management team. Now that you are here, welcome to all that we have to offer, we look forward to serving you!

Our Mission

The Mission of UB Campus Dining is to enhance the campus life experience by providing a variety of dining options and services designed to fit the lifestyles and nutritional needs of the University community. Serving foods from local growers, striving to achieve sustainability and expanding the availability of dining choices are ways that we enrich the dining experience.

Meal Plans

Meals and Dining Points are stored on your UB Card so there is no need to carry cash. Unused meals from your meal plan do not carry over from week to week, so be sure to use your meals before the end of the week (weeks begin on Saturday and end on Friday). Limit of two meals per meal period and one per transaction.

Meals

Residential Dining Center

Use your meals in our all-you-care-to-eat formats for breakfast and dinner during the week and continuous dining on weekends.

CDS Restaurants & Cafés

To give you flexibility and options, your meals have assigned dollar values based on the meal period that can be used at our restaurants and cafés. If your purchase goes over the assigned dollar value, you can pay the remainder using Dining Points.

Meal Period	Meal Exchange
Breakfast <i>M - F</i>	\$8.00
Lunch <i>M - F</i>	\$11.75
Brunch <i>Weekend</i>	\$11.75
Dinner <i>Everyday</i>	\$11.75
Late Night <i>Everyday</i>	\$8.00

Dining Points

Dining Points give you the flexibility to get a snack or meal whenever you want. Dining Points work like a debit account on your UB Card at all CDS locations, with purchases automatically deducted from the balance of the account. Use Dining Points to purchase a meal, get a beverage or snack from vending machine, for those late-night munchies or to purchase food/beverage products from one of our residential convenience stores.

Your Dining Points roll over from the fall to spring semester (with the purchase of a spring meal plan), but they do not roll over to the next academic year. If you use up your Dining Points before the end of the semester, you can simply add more in increments of \$25. More than convenient, Dining Points are tax-exempt, saving you 8.75% on every purchase.



First-Year Residence Hall Students

To help students transition to college life, first-year students living in residence halls must have a meal plan. First-year students are automatically assigned the Flex 19 meal plan, but may select the Flex 14 plan by going to [MyUBCard.com/MealPlans](https://myubcard.com/mealplans)

Both plans provide convenience, flexibility and access to all the great food here at UB. Your meal plan consists of a set number of meals per week along with Dining Points for the best overall experience.

Flex 19

\$3,720 / semester*

19 Meals per week

200 Dining Points

Flex 14

\$3,570 / semester*

14 Meals per week

380 Dining Points

For More Information Visit [MyUBCard.com/MealPlans](https://myubcard.com/mealplans)

Upper-Class Residence Hall Students

Upper-Class students may choose the Flex 19, Flex 14, Flex 10, Flex 7, or either of the Dining Points Meal Plans. These plans offer a very economical way to dine on campus with flexibility.

Not available to Resident First-Year Students.

Flex 19

\$3,720 / semester*

19 Meals per week
200 Dining Points

Renews for Spring Semester

Flex 14

\$3,570 / semester*

14 Meals per week
380 Dining Points

Renews for Spring Semester

Flex 10

\$2,585 / semester*

10 Meals per week
280 Dining Points

Renews for Spring Semester

Flex 7

\$1,890 / semester*

7 Meals per week
250 Dining Points

Renews for Spring Semester

950 Dining Points

\$950 / annual¹

950 Dining Points

Valid for the Fall & Spring Semester

600 Dining Points

\$600 / semester*

600 Dining Points

Renews for Spring Semester



Apartment and Commuter Students

A Meal Plan is your ticket to all the choices campus residents enjoy, with maximum flexibility. Commuters may select any Meal Plan or Dining Points Plan available. Most commuters also add funds to their Campus Cash account, allowing for even more dining options both on and off campus.

Commuters may also select a denomination of Dining Points (Min \$50) or Campus Cash (Min \$25) and simply add to it throughout the semester.

GRUBHUB

You can use your Campus Cash account for Grubhub orders all across the country. Plus, UB students get Grubhub+ for free. **Visit MyUBCard.com/Grubhub**

* These meal plans are annual plans billed at the beginning of each semester, unless a change is made following established procedures.

¹ Annual plans cannot be changed mid-year. You may however add additional funds at any time.

For More Information Visit MyUBCard.com/MealPlans

GET



Mobile Ordering

The GET App is a free download available at the App Store and Google Play. This app allows you to pay for meals, order through the app, add funds, check your balance and much more!

The GET App allows students to order and pay for meals directly through their mobile phone. Simply place your order at any of the following locations and wait by the mobile pick-up station.

Download Available on Google Play and the App Store.



Locations

Sizzles at *Ellicott Food Court (EFC)*

Bravo Pasta & Bread Box at *Pistachios*

Stackers at *Union Marketplace & Eatery*

The Cellar at *Governors*

Edgy Veggie Express at *Harriman Cafe*

The Corner Cafe at *Downtown Medical Campus*

1846 Grill at *One World Cafe in Norton & Capen Hall*

Main Street Market at *Goodyear*



One World Cafe

One World Café is a brand new retail dining facility that opened in Spring of 2022. Located between Capen and Norton Hall, this three-story, 53,500-square-foot facility features five international food platforms with a global array of authentic, international meals, snacks and drinks.



Mediterranean and Middle Eastern cuisines including marinated meats, ancient grains and regional spices.



Flavorful Indian spices and delicious options, complete with a tandoor oven to prepare meals.



Featuring weekly specials with cuisines from Thailand, China, Japan & Korea.



Classic breakfast options, signature sandwiches, build your own burgers and delicious dinner specials!



Choose from Udon, Ramen, Soba or Rice Noodle with Chicken, Beef, Pork, Tofu or Shrimp.

Sustainability

Our thinking, research, creative activity and people positively impact and change the world. We are committed to supporting the local community and preserving our resources. For more information visit: myubcard.com/sustainability

Eliminating Plastic Straws

Our drink-thru lids for fountain beverages have allowed us to eliminate plastic straws at CDS dining locations across all three of our campuses.

Plastic Bottle Return

Return/recycling machines are located across campus helping reduce the amount of waste sent to the landfill.

Locally Sourced

Look for the Made in Grown in New York icon, which promotes and supports the sale of agricultural products grown and processed within New York State.



Sustainability Dining Icons

Introducing the newest dining icons representing an item's Carbon Footprint. Products are labeled Low, Moderate or High depending on their greenhouse gas emissions associated with their production.



Composting in Dining Centers & One World Cafe

Composting pre-consumer food waste, food scraps and compostable packaging, we are eliminating thousands of pounds of waste from ending up in landfills. These materials are turned into renewable resources, such as electricity or natural gas, through a process called anaerobic digestion.



RECYCLE



TRASH



COMPOST



Nutrition, Health & Wellness

Campus Dining & Shops offers a variety of well-balanced, healthy menu choices for all students, including those with special dietary needs. Over the years, changes to improve the health and well-being of students include:

- Increasing fruit, vegetables, whole grains & plant-based proteins
- Adding healthier snack & beverage options to vending machines
- Reducing sodium in recipes, products & cooking techniques
- Quick access to nutrition & allergen information

Food Allergies & Dietary Needs

We are available to help guide students with food allergies and special dietary needs. For assistance, contact our Registered Dietitian to set up an appointment. Students may also speak with managers or chefs in any dining location.

Simple Kitchen is an access-controlled pantry at the Governors and Goodyear Dining Centers that offers food that is Free-From wheat, gluten, peanuts, tree nuts, fish and shellfish. Students can safely prepare meals with ease in the kitchen at UB. For more information or access inside the kitchen, please contact our Registered Dietitian.

P. 716.645.6445 | E. Dietitian@buffalo.edu



Vegetarian



Vegan



Gluten-Free



Smart Choice



Free-From



Kosher



Halal



Campus Stores



Campus Tees Student Union • North Campus

Campus Tees is an official licensed apparel and merchandise provider at UB, offering apparel, merchandise and gifts.



The Elli Ellicott Complex • North Campus

Full-size convenience store carries a variety of beverages, snacks microwavable meals, health and beauty items, school supplies, UB apparel and more.



Teddy's Roosevelt Hall • Governors Complex

This convenience store carries a variety of beverages, snacks and essential personal items.



Main Street Store Goodyear Dining Center • South Campus

Main Street Store carries a variety of beverages, snacks and essential personal necessities.

More Great Food Options

Campus Dining and Shops wants to provide a great experience to everyone on campus. Including special events, grab and go options, food trucks, kosher items, vending operations and another thing that will sound great!



Food Trucks, Little Blue & Big Blue offer great tasting food all over campus! Follow us on Twitter/X to find where we are serving! [@UBBigBlue](#) & [@UBLittleBlue](#)



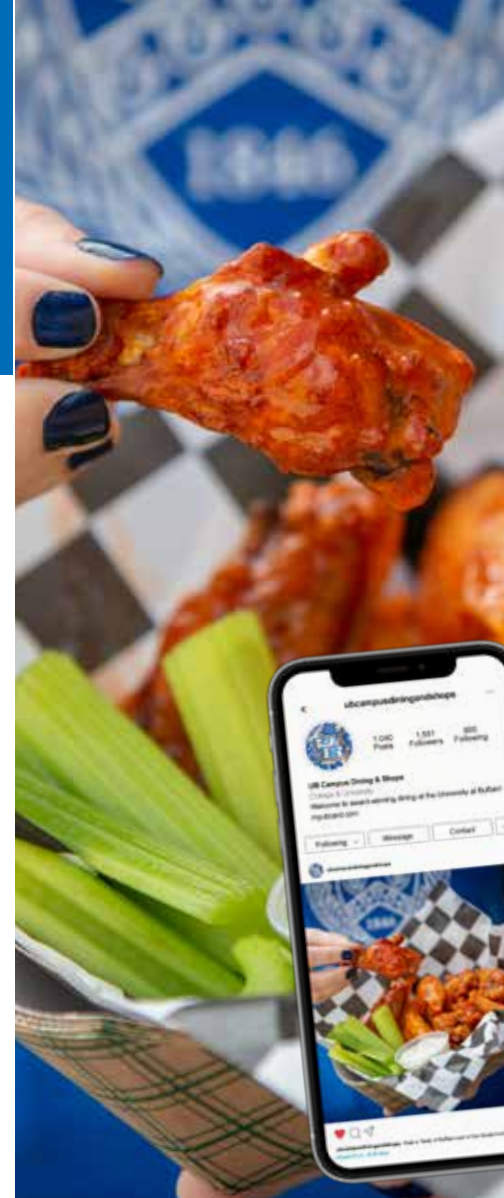
NY Deli & Diner, Under the rabbinical supervision of Vaad, NY Deli & Diner offers Kosher food options. All food is prepared at the NY Deli & Diner, where a Mashgiach is always present and overseen by Rabbi Moshe Taub BVK, Hakasrus of Buffalo.



UB Snackin' - Vending Machines, A variety of vending machines can be found across campus that offer beverages, snacks, healthy choices, frozen meals and desserts. Machines are equipped with card readers so you can use Dining Points or Campus Cash.



Bulls on the Run - Grab & Go, We know how busy our Bulls can be and that's why we have plenty of Grab & Go options available. Grab a quick snack, drink or meal when your schedule gets busy.



Be Part of the Team!

Student Employment

As UB's largest student employer, we offer a variety of positions in fun and diverse environments. Our goal is to help students gain work experience in jobs compatible with their academic schedules.

[UBDining.com](#)

Secret Shopper Program

The Secret Shopper Program is an essential tool to ensure we are providing a positive dining experience. Get paid to dine and tell us about your experiences. [MyUBCard.com/secretshopper](#)

Student Advisory Committee

Students can serve on the Student Advisory Committee and have a voice that affects the quality of student life. The committee meets once a month to provide suggestions, advice and feedback about dining facilities, programs and services. Selected participants receive a Dining Points stipend. [MyUBCard.com/advisory](#)

Get Connected

Follow Campus Dining and Shops for the inside scoop on what's going on around campus. Be the first to know about new items, popular promotions, special events and more by following us today!

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For More Information Visit [MyUBCard.com](#)



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TO SERVING YOU!

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